



POSTCONFERENCE

Parental Mental Health Issues and Infant Mental Health

Friday February 13, 2009

(Preliminary schedule – Subject to change)

Postconference begins with a morning breakout session given by Dr. Brian Stafford and continues through the afternoon. Lunch is provided for participants who register for the postconference. All participants will attend the Breakfast Keynote session of the CoAIMH conference on Friday morning.

SCHEDULE

- 9:45 – 11:45 **The Impact of Prenatal Stress, Depression, and Anxiety on the Infant and Toddler**
Brian Stafford, MD, MPH
- 12:00 **Assessing high risk families: Life Skills Progression (LSP) clinical assessment tool**
Karen Peifer, PhD
- 1:00 **An Overview of Depression Screening Measures for Clinical Practice**
Jenn Leiferman, PhD
- 2:00 **Perinatal Period and Marital Adjustment: Implications for Infant Mental Health**
Jennifer Adams, PhD
- 2:45 **Providing Father Inclusive Practices to Maximize Treatment Impacts**
John Holmberg Psy.D.
- 3:45 **Bipolar Disorder in the Perinatal Period : A Primer**
Christy Ballentine, PhD and Brian Stafford, MD, MPH
- 4:30 Finis

FACULTY

Jennifer Adams, PhD
Reproductive Psychologist
The Kempe Center
University of Colorado at Denver

Christy Ballentine, PhD
Haven and Harmon House Psychologist
Addiction Research and Treatment Services (ARTS)
University of Colorado Denver
School of Medicine, Department of Psychiatry

John Holmberg, PsyD
Assistant Professor,
University of Colorado Denver
Nurse Family Partnership

Jennifer Leifermann, PhD
Assistant Professor of Epidemiology
University of Colorado Denver

Karen Peifer, PhD
Assistant Professor School of Nursing
UCDHSC

Brian Stafford, MD, MPH
Assistant Professor of Psychiatry and Pediatrics
Medical Director, Postpartum Depression Intervention
Program
The Kempe Center
University of Colorado Health Sciences Center



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Presentation Details and Faculty Bios

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Assessing high risk families: Life Skills Progression (LSP) clinical assessment tool

Karen Peifer, PhD

Awaiting further info

An Overview of Depression Screening Measures for Clinical Practice

Jen Leiferman, Ph.D.

Awaiting further info

The Transition to Parenthood: The impact of the couple relationship on the infant

Jennifer Adams, PhD

The transition to parenthood is a challenging time for even the most solid relationships. The arrival of a child into the family can lead to distress within the couple relationship, which can then impact the child's development. Research on the impact of distress in the couple relationship and interventions to help counteract the challenges during this transition will be reviewed.

Jennifer Harned Adams, Ph.D., is a licensed psychologist with a specialty in women's reproductive health. She earned her doctoral degree in clinical psychology in 2003 from the University of Houston in Houston, TX. She completed her clinical internship at the University of Texas - Houston Health Sciences Center, and completed her post-doctoral training at the University of Texas - M.D. Anderson Cancer Center. Dr. Adams is currently a Research Assistant Professor at the University of Colorado Denver and a therapist for the Kempe Center Post-Partum Depression Intervention Program.

Providing Father Inclusive Practices to Maximize Treatment Impacts

John Holmberg, PsyD

Healthy, engaged fathers can add significantly to treatments for infants and young children. This session will discuss obstacles to overcome and strategies to use in providing father inclusive intervention practices.

John Holmberg is a clinical psychologist with expertise in community-based family interventions. His education includes degrees from the University of Colorado - Boulder and Baylor University complemented by a two year fellowship at the Yale Child Study Center. For the past eight years, he has been a researcher at the Prevention Research Center for Family and Child Health at the University of Colorado. Dr. Holmberg has worked in the lab of Dr. David Olds studying the impacts of a nurse-home visitation model that assists first-time mothers and their families in making the transition to parenthood. He has recently received funding to study and develop programs of tailored fatherhood services to augment or complement services families are receiving in existing community programs. Dr. Holmberg's interests include child-development outcomes, prevention of psychopathology, and the unique developmental influence that fathers provide in supporting child and youth development.

Bipolar Disorder and the Perinatal Period: A primer

Christy Balentine, PhD, and Brian Stafford, MD, MPH

Women with bipolar disorder appear to be at greatest risk of experiencing a depressive, manic, or hypomanic episode during their pregnancies and the postpartum periods; in addition there is compelling evidence that these women have a

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particularly high risk of developing psychosis leading to suicide/infanticide. This presentation will focus on describing the nature of bipolar disorder in the perinatal period as well as ways to minimize risk and improve care for these women and their babies.

Christy Balentine received her doctorate in clinical psychology from the University of North Carolina-Greensboro. She completed two years of postdoctoral fellowship training with the Irving Harris Program in Child Development and Infant Mental Health at the University of Colorado Denver. She is currently the Psychologist at the Haven, a substance abuse treatment facility for women that is a part of the Addiction Research and Treatment Services Division of the Department of Psychiatry at the University of Colorado Denver. Her current interests include improving parenting competencies of women with drug addictions, perinatal mood disorders, and mental health interventions during their pregnancies.

Brian Stafford is Assistant Professor of Psychiatry, University of Colorado Denver. Dr. Stafford directs the Kempe Postpartum Depression Program and is the Medical Director of Project CLIMB at The Children's Hospital. Dr. Stafford is also a triple Board-certified child and adult psychiatrist and pediatrician with expertise in infant and early childhood mental health in clinical and research capacities. He consults extensively on early childhood cases in inpatient and outpatient settings at The Children's Hospital. Dr. Stafford has been instrumental in working on systems issues impacting the well-being of babies and young children and their caregivers across Colorado and nationally.
